

# ANTI DEPRESSANTS

## *What does my medication do?*

### ••••• **SSRIs** •••••

*Selective Serotonin Reuptake Inhibitors*

Increase the levels of Serotonin in the brain by also blocking the reabsorption of Serotonin allowing more to be available.

### ••••• **SNRIs** •••••

*Serotonin-Norepinephrine Reuptake Inhibitors*

Increase the levels of Serotonin and Norepinephrine in the brain by also blocking the reabsorption of them allowing more to be available.

### ••••• **SARIs** •••••

*Serotonin Antagonist and Reuptake Inhibitors*

Dampen or block serotonin receptors such as 5-HT<sub>2A</sub> and prevent the reuptake of serotonin, norepinephrine, and/or dopamine.

### ••••• **MAOIs** •••••

*Monoamine Oxidase Inhibitors*

Prevents monoamine oxidase, which is involved in removing the neurotransmitters norepinephrine, serotonin and dopamine from the brain

### ••••• **TCAs** •••••

*Tricyclic antidepressant*

Same effects as SSRIs with different range on side effects and risks.

### ••••• **Atypicals** •••••

*Don't fall under the main categories*

Change the levels of one or more neurotransmitters, such as dopamine, serotonin or norepinephrine.



*Regardless of the type of antidepressant, these medications are the thermostat that helps regulate the neurotransmitters to ensure the correct amount is available.*

